

## Women's Field Lacrosse - PCFLL U12 Rules

Revised 2017

- Field - 75m x 45m - 6m behind the goal line (1/2 field)
- Centre line is also the restraining line
- Standard crease 11m arc
- 7 + 1 (goalie) players on field (2 back behind restraining)
- 2 time-outs per game, each 90 seconds
- 2 - 20 minute halves - last 2 minutes of each half is stop time
- Modified nets - attach a 1' x 6' vinyl banner with grommets to reduce the size of the nets
- No checking above the shoulders
- Checking below the shoulders: no stick above the shoulder can be checked, that being said going in line with FIL illegal cradle, the player may not cradle their stick strictly in a position close to their head to prevent from being checked
- No horizontal sticks (major foul)
- 2 Pass Rule: per possession - one pass must be in attacking zone. Both passes can be made in the attacking zone. *Incomplete passes will only count if the person it was intended to goes to get the ball*
- A team can complete as many passes as it wants in the defending end but only 1 will count. (Give and go allowed) (Goalie clear is included) Ball is live off a rebound. The pass will be counted as offensive or defensive based on where the ball is caught. A pass will only count if the person it was intended to go to gets the ball, so incomplete passes have always been counted but they have to be picked up by the player who the pass was to.
- In the event a team is leading by 5 goals or more, the team with fewer goals will be awarded the ball at center field in place of the draw.
- Once any player has scored four goals, the scorekeeper will notify both coaches and umpires. Further goals from that player will not be registered and will be considered a "no goal". Play will resume as the goalie's ball.